

# MODULE 3: What is Important to You?

The questions below are meant to help you and your doctor become more aware about the issues that matter most to you regarding your follow-up care. You can print this page and answer the questions to share with your doctor. When you talk with your doctor about your follow-up care, it is important to tell your doctor what matters most to you regarding your follow-up care. Doing this can help your doctor understand what is important to you and what you would like to focus on most during your follow-up care.

Check  the statement that most closely represents how you feel about involving your primary care doctor in your cancer follow-up care.

If your cancer were to return, would you want to have chemotherapy?

- I am **willing to have chemotherapy** if my cancer returns.
- I am **unsure how I feel about chemotherapy** if my cancer returns.
- I am **not willing to have chemotherapy** if my cancer returns.

What role would you want your primary care doctor to have?

- I am **open to my primary care doctor being involved** in my cancer care.
- I am **unsure if I want my primary care doctor involved** in my care.
- I **do not want my primary care doctor involved** in my cancer care.

How worried are you about your cancer returning?

- I am **very worried about my cancer returning**.
- I am **somewhat worried about my cancer returning** but don't dwell on it.
- I am **not worried about my cancer returning**.

How much of a hassle (traveling to the hospital, time from work, feeling stressed, and so on) is follow-up cancer care for you?

- I have **no problem** coming in for follow-up care.
- Coming in for follow-up care is a **minor hassle** for me.
- Coming in for follow-up care is a **major hassle** for me.

How do you feel about testing for a recurrence of your cancer?

- Going through testing is **not a problem**; I find it reassuring.
- I am **not sure** how I feel about testing.
- Going through testing causes a **great deal of stress and anxiety** for me.

How do you feel about knowing if your cancer has returned?

- I would **rather not know** if my cancer has returned.
- I am **not sure how I feel about knowing** if my cancer has returned.
- It is **very important for me to know** if cancer has returned.

## OTHER THINGS TO CONSIDER

Next to each of the statements below, please indicate which response most closely matches how you feel.

	Strongly Agree	Agree	Disagree	Strongly Disagree
I attend follow-up visits to talk about the side effects from treatment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attending follow-up visits lowers my fear of the cancer coming back.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is not worth the hassle to attend follow-up visits.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am willing to have any treatment if the cancer comes back.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is very important for me to attend my follow-up visits to find the cancer early.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>