MODULE 3: What is Important to You?

The questions below are meant to help you and your doctor become more aware about the issues that matter most to you regarding your follow-up care. You can print this page and answer the questions to share with your doctor. When you talk with your doctor about your follow-up care, it is important to tell your doctor what matters most to you regarding your follow-up care. Doing this can help your doctor understand what is important to you and what you would like to focus on most during your follow-up care.

Check ✓ the statement that most closely represents how you feel about involving your primary care doctor in your cancer follow-up care.

If your cancer were to return, would you want to have chemotherapy?
- ✓ I am willing to have chemotherapy if my cancer returns.
- □ I am unsure how I feel about chemotherapy if my cancer returns.
- □ I am not willing to have chemotherapy if my cancer returns.

What role would you want your primary care doctor to have?
- ✓ I am open to my primary care doctor being involved in my cancer care.
- □ I am unsure if I want my primary care doctor involved in my care.
- □ I do not want my primary care doctor involved in my cancer care.

How worried are you about your cancer returning?
- ✓ I am very worried about my cancer returning.
- □ I am somewhat worried about my cancer returning but don’t dwell on it.
- □ I am not worried about my cancer returning.

How much of a hassle (traveling to the hospital, time from work, feeling stressed, and so on) is follow-up cancer care for you?
- ✓ I have no problem coming in for follow-up care.
- □ Coming in for follow-up care is a minor hassle for me.
- □ Coming in for follow-up care is a major hassle for me.

How do you feel about testing for a recurrence of your cancer?
- ✓ Going through testing is not a problem; I find it reassuring.
- □ I am not sure how I feel about testing.
- □ Going through testing causes a great deal of stress and anxiety for me.

How do you feel about knowing if your cancer has returned?
- ✓ I would rather not know if my cancer has returned.
- □ I am not sure how I feel about knowing if my cancer has returned.
- □ It is very important for me to know if cancer has returned.

OTHER THINGS TO CONSIDER

Next to each of the statements below, please indicate which response most closely matches how you feel.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>I attend follow-up visits to talk about the side effects from treatment.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Attending follow-up visits lowers my fear of the cancer coming back.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>It is not worth the hassle to attend follow-up visits.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>I am willing to have any treatment if the cancer comes back.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>It is very important for me to attend my follow-up visits to find the cancer early.</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>